

Jessica Stoltzfus Grady, Ph.D.
Vita

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Education

- 2011 Ph.D., Life-Span Developmental Psychology, West Virginia University
2008 M.S., Life-Span Developmental Psychology, West Virginia University
2006 B.S., Psychology, Lebanon Valley College, Summa Cum Laude

Academic Positions

- 2019-present Associate Professor, Department of Psychology, University of the Pacific
2013-2019 Assistant Professor, Department of Psychology, University of the Pacific
2011-2013 Lecturer, Department of Psychology & Department of Child and Adolescent Development, San Jose State University
2012-2013 Lecturer, Department of Psychology, University of California, Davis
2011-2013 Researcher, Volunteer, Center for Mind and Brain, University of California, Davis
2006-2011 Teaching Assistant, Department of Psychology, West Virginia University
2008-2009 Research Assistant, Department of Psychology, West Virginia University

Publications

*denotes undergraduate student co-author **denotes graduate student co-author

- Grady, J. S.** (2019). Parental gentle encouragement promotes shy toddlers' regulation in social contexts. *Journal of Experimental Child Psychology*, 186, 83-98.
<https://doi.org/10.1016/j.jecp.2019.05.008>
- Hastings, P. D., & **Grady, J. S.** (2019). Socialization in infancy and early childhood. In *Reference module in neuroscience and biobehavioral psychology*. <https://doi.org/10.1016/B978-0-12-809324-5.21839-7>
- Grady, J. S.**, & Callan**, D. (2019). Shy toddlers act bold: The roles of respiratory sinus arrhythmia and parent emotion language. *Infant Behavior and Development*, 55, 32-37.
<https://doi.org/10.1016/j.infbeh.2019.02.005>
- Hastings, P. D., **Grady, J. S.**, & Barrieau, L. (2019). Children's anxious characteristics predict how their parents socialize emotions. *Journal of Abnormal Child Psychology*, 47, 1225-1238.
<https://doi.org/10.1007/s10802-018-0481-z>
- Grady, J. S.**, Her*, M., Moreno*, G., Perez*, K., & Yelinek*, J. (2019). Emotions in storybooks: A comparison of storybooks that represent ethnic and racial groups in the United States. *Psychology of Popular Media Culture*, 8, 207-217. <http://dx.doi.org/10.1037/ppm0000185>

- Yelinek*, J., & Grady, J. S. (2019). "Show me your mad faces!": Preschool teachers' emotion talk in the classroom. *Early Child Development and Care*, 189, 1063-1071.
<https://doi.org/10.1080/03004430.2017.1363740>
- Grady, J. S. (2018). Parents' reactions to toddlers' emotions: Relations with toddler shyness and gender. *Early Child Development and Care*. Advance online publication.
<https://doi.org/10.1080/03004430.2018.1543664>
- Grady, J. S., & Hastings, P. D. (2018). Becoming prosocial peers: Temperamental shyness and mothers' and fathers' elaborative emotion language. *Social Development*, 27, 858-875.
<https://doi.org/10.1111/sode.12300>
- Grady, J. S., & Karraker, K. (2017). Mother and child temperament as interacting correlates of parenting sense of competence. *Infant and Child Development*, 26, e1997.
<https://doi.org/10.1002/icd.1997>
- Kahle, S., Grady, J., Miller, J., Lopez, M., & Hastings, P. D. (2017). Maternal emotion socialization and the development of inhibitory control in emotional contexts. *Infant and Child Development*, 26, e1970. <https://doi.org/10.1002/icd.1970>
- Grady, J. S., & Karraker, K. (2014). Do maternal warm and encouraging statements reduce shy toddlers' social reticence? *Infant and Child Development*, 23, 295-303.
<https://doi.org/10.1002/icd.1850>
- Grady, J. S., Ale, C. M., & Morris, T. L. (2012). A naturalistic observation of social behaviors during preschool drop-off. *Early Child Development and Care*, 182, 1683-1694.
<https://doi.org/10.1080/03004430.2011.649266>
- Grady, J. S., Karraker, K., & Metzger, A. (2012). Shyness trajectories in slow-to-warm-up infants: Relations with child sex and maternal parenting. *Journal of Applied Developmental Psychology*, 33, 91-101. <https://doi.org/10.1016/j.appdev.2011.11.002>
- Stoltzfus, J., & Karraker, K. (2009). Goodness of fit between parenting style and child temperament: Special challenges with slow-to-warm-up infants. In P. H. Krause & T. M. Dailey (Eds.), *Parenting: Styles, stresses, and strategies* (pp. 87-110). Hauppauge, NY: Nova Science.

Conference Presentations

*denotes undergraduate student co-author **denotes graduate student co-author

- Callan**, D., & Grady, J. (2019, April). How are you fearful? Shyness and inhibition as predictors of toddler adjustment. Poster session presented at the annual meeting of the Western Psychological Association, Pasadena, CA.
- Reynolds*, C., & Grady, J. (2019, March). Don't talk to strangers, or should you? Shy children's vocalizations with parents and strangers. Poster session presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
- Grady, J. (2018, November). Promoting shy toddlers' physiological regulation during low- and moderately-threatening social contexts. Poster session presented at the annual meeting of the International Society for Developmental Psychobiology, San Diego, CA.
- Grady, J. (2018, July). Parental warmth helps shy toddlers to be bold. Poster session presented at the biennial meeting of the International Congress on Infant Studies, Philadelphia, PA.

- Grady, J., & Callan****, (2018, July). Relations among parental emotion modeling, cultural orientations, and child adjustment in toddlerhood. Poster session presented at the biennial meeting of the International Congress on Infant Studies, Philadelphia, PA.
- Callan****, D., & **Grady, J.** (2018, May). Parent reactions to negative emotions and toddler shyness as interacting correlates of internalizing behaviors and social competence in toddlerhood. Poster session presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- Camargo, J.***, & **Grady, J.** (2018, May). The role of inhibitory control in shy toddlers' adjustment. Poster session presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- Her***, M., **Moreno***, G., **Perez***, K., **Yelinek***, J., & **Grady, J.** (2018, May). Boys don't cry? Gender differences in emotion portrayals within storybooks. Poster session presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- Her***, M., **Moreno, W.**, & **Grady, J.** (2017, April). Emotion socialization through storybooks and prosocial behavior in shy children. Poster session presented at the annual meeting of the Western Psychological Association, Sacramento, CA.
- Yelinek***, J., **Grady, J.**, & **Mahnke***, C. (2017, April). Preschool teacher's role in the emotion coaching of children. Poster session presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
- Grady, J.**, & **Her***, M. (2017, April). Emotion socialization of shy boys and girls. Poster session presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
- Grady, J.**, **Her***, M., **Moreno***, G., **Perez***, K., & **Yelinek***, J. (2016, May). Emotion displays in storybooks within American culture. Poster session presented at the biennial meeting of the International Congress on Infant Studies, New Orleans, LA.
- Grady, J.**, **Kahle, S.**, & **Hastings, P.** (2015, March). Maternal emotion explanations facilitate child executive function: Moderation by temperamental shyness and effortful control. Poster session presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
- Bougher, H.**, **Grady, J.**, **Root, A.**, **Clarke, S.** (2015, March). The relation between child temperament and mothers' response to children's emotions: The role of child age and child gender. Poster session presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
- Grady, J. S.**, & **Karraker, K.** (2014, July). Maternal and child temperamental correlates of maternal satisfaction, self-efficacy, and interest in the parenting role. Poster session presented at the biennial meeting of the International Conference on Infant Studies, Berlin, Germany.
- Grady, J. S.**, & **Hastings, P. D.** (2013, April). Parental and parasympathetic regulation of play and the development of preschoolers' sociability: Pathways to becoming a good peer. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Seattle, WA.
- Grady, J. S.**, **Vera Cruz, R.**, & **Hastings, P. D.** (2013, April). Inhibited children become competent peers: Parents' emotional language contributes to prosocial behaviors. Paper session conducted at the biennial meeting of the Society for Research in Child Development,

- Seattle, WA.
- Kahle, S., **Grady, J.**, Miller, J., & Hastings, P. (2013, April). Maternal emotion socialization predicts improvement on an affective inhibitory control task. Poster session presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.
- Grady, J. S.**, Karraker, K., & Powell, D. N. (2012, June). Does maternal warmth and encouragement of independence increase shy toddlers' approach behaviors around new peers? Poster session presented at the biennial meeting of the International Conference on Infant Studies, Minneapolis, MN.
- Grady, J. S.**, Karraker, K., & Powell, D. N. (2012, June). Maternal parenting sense of competence as a mediator of the relation between child shyness and approach behaviors in toddlerhood. Poster session presented at the biennial meeting of the International Conference on Infant Studies, Minneapolis, MN.
- Grady, J. S.**, & Hastings, P. D. (2012, April). Parasympathetic regulation of cardiac arousal and parental overcontrol predict boys' behaviors with peers in preschool. Poster session presented at the meeting of the Gender Development Research Conference, San Francisco, CA.
- Stoltzfus, J.**, & Karraker, K. (2011, March). The effect of maternal warmth and encouragement on shy toddlers' responses in a novel social setting. Poster session presented at the biennial meeting of the Society for Research in Child Development, Montreal, Quebec, Canada. Poster session also presented at the annual Eberly College of Arts and Sciences Research Horizons Day (2011, April), Morgantown, WV.
- Ale, C., **Stoltzfus, J.**, & Morris, T. (2010, March). An observational analysis of parental involvement and children's social engagement upon separation at preschool. Poster session presented at the annual meeting of the Anxiety Disorders Association of America, Baltimore, MD.
- Powell, D. N., Karraker, K., Young, M. E., & **Stoltzfus, J.** (2010, March). Adults' liking of infant names. Poster session presented at the biennial meeting of the International Conference on Infant Studies, Baltimore, MD. Poster session also presented at the annual meeting of the West Virginia Academy of Science (2010, April), Morgantown, WV, and the annual Eberly College of Arts and Sciences Research Horizons Day (April, 2010), Morgantown, WV.
- Powell, D. N., Karraker, K., Young, M. E., & **Stoltzfus, J.** (2010, March). Adults' perceptions of infants depicted through names and photographs. Poster session presented at the biennial meeting of the International Conference on Infant Studies, Baltimore, MD. Poster session also presented at the annual meeting of the West Virginia Academy of Science, Morgantown, WV (2010, April) and the annual Eberly College of Arts and Sciences Research Horizons Day (2010, April), Morgantown, WV.
- Stoltzfus, J.**, & Karraker, K. (2010, March). Father-infant play is influenced by infant temperament and sex. Poster session presented at the biennial meeting of the International Conference on Infant Studies, Baltimore, MD. Poster session also presented at the annual meeting of the West Virginia Academy of Science (2010, April), Morgantown, WV, and the annual Eberly College of Arts and Sciences Research Horizons Day (2010, April), Morgantown, WV.
- Stoltzfus, J.**, & Karraker, K. (2009, May). Special challenges in parenting slow-to-warm-up infants. Invited poster presentation at the semi-annual meeting of the Eberly College of Arts and Sciences Advisory Committee, Morgantown, WV.

- Karraker, K., **Stoltzfus, J.**, & Young, M. (2009, April). Implementation of the junior colleague model of training in a life-span developmental psychology doctoral program. Roundtable discussion conducted at the biennial meeting of the Society for Research in Child Development, Denver, CO.
- Stoltzfus, J.**, Keener, E., & Karraker, K. (2009, April). Web-based study skills training and performance in a life-span developmental psychology course: It's all about reading skills. Poster session presented at the biennial meeting of the Society for Research in Child Development, Denver, CO.
- Stoltzfus, J.**, & Karraker, K. (2009, March). Relations of gender-typed personality traits and gender identity with the Five-Factor Model. In K. Karraker (Chair), Correlates of gender-typed personality traits and gender identity in adolescence and early adulthood. Symposium conducted at the annual meeting of the Eastern Psychological Association, Pittsburgh, PA.
- Stoltzfus, J. B.**, & Karraker, K. (2008, March). Relations between maternal behaviors and temperament in infancy, toddlerhood, and early childhood. Poster session presented at the biennial meeting of the International Conference on Infant Studies, Vancouver, BC. Poster session also presented at the annual Eberly College of Arts and Sciences Research Horizons Day (2008, March), Morgantown, WV.
- Young, M. E., **Stoltzfus, J. B.**, & Karraker, K. H. (2007, May). Negative attitudes toward women: Relations with prematurity stereotyping. Poster session presented at the annual meeting of the Association for Psychological Science, Washington, DC. Also presented at the annual Eberly College of Arts and Sciences Research Horizons Day (2007, April), Morgantown, WV.
- Karraker, K. H., Young, M. E., & **Stoltzfus, J. B.** (2006, September). Night waking in 6-month-old infants: Relations with maternal depressive symptoms and family characteristics. Poster session presented at the annual conference of the West Virginia Psychological Association, Davis, WV.

Grants

External Grants

Caplan Foundation Early Childhood Grant (2017-2018). Learn *with Me!* Prompting Parent-Child Interactive Learning at a Children's Museum. Co-PI with Marianne Prieto, Executive Director, Children's Museum of Stockton. \$30,000. Letter of intent not invited for full proposal.

Internal Grants

University of the Pacific Research Grants

College Research Fund (2018). Association for Psychological Sciences Conference. \$1018

College Research Fund (2016). Toddlers in Play Study. \$2659

Pacific Fund/NCFDD Faculty Success Program (2015). Faculty Success Program Spring 2016. \$3,250

Scholarly/Artistic Activities Grant (2015). Emotions in Families Study. \$3200

College Research Fund (2015). Toddlers in Play Study. \$2998

Scholarly/Artistic Activities Grant (2014). Toddlers in Play Study. \$3305
 College Research Fund (2014). CardioEdit/CardioBatch Training Workshop and Software. \$1880

University of the Pacific Teaching Grants

Small Projects Grant, Committee on Academic Planning and Development Grant (2015).
 Experiential Learning in a Developmental Psychology Class. \$1225
 Small Projects Grant, Committee on Academic Planning and Development Grant (2013). Bayley
 Scales of Infant and Toddler Development. \$754

West Virginia University

Student Research Fund, Department of Psychology (2011). \$1000
 Student Research Fund, Office of Academic Affairs, Eberly College of Arts & Sciences (2011). \$700
 David Daniel Graduate Student Travel Award, Department of Psychology (2009). \$500
 Higher Education Resource Fund Award (2006). \$2000

Teaching

Adolescence and Young Adulthood University of the Pacific
 Advanced Laboratory in Developmental Psychology: "The Study of Infants"
 Child Development
 Developmental Psychology
 Experimental Psychology
 Pacific Seminar 2: "A Prosocial Society"
 Research Methods and Statistics in Psychology I and II

Psychology of Emotion University of California Davis

Child Psychology San Jose State University
 Elementary Statistics
 General Psychology
 Parenting
 Social and Emotional Development in Childhood and Adolescence

Behavior Modification (Graduate Instructor) West Virginia University
 Special Topics: What Matters in Infancy (Graduate Instructor)
 Introduction to Social Psychology (Graduate Instructor)
 Introduction to Psychology (Graduate Instructor)
 Professional Field Experience (Graduate Teaching Assistant)
 Multivariate Statistics (Graduate Teaching Assistant)
 Research Design and Data Analysis I and II (Graduate Teaching Assistant)

Research Mentorship

Pacific Undergraduate Research and Creativity Conference (PURCC) Student Presentations

- 2019 Andrew Leyva, Stephanie Ascencio, Delaney Callan. *"Leave me" or "help me" Are parent behaviors associated with child boldness in shy toddlers?*
 Kajal Patel, Delaney Callan. *Don't shy away! Relations among activity level in shy toddlers, gender, and social behaviors.*
 Caitlin Reynolds. *Don't talk to strangers, or should you? Shy children's vocalizations with parents and strangers.*
- 2018 Stephany Barajas. *Positive affect and adjustment in shy toddlers.*
 Jocelyn Camargo. *The role of inhibitory control in shy toddlers' adjustment.*
 Alvina Cheng, Ariella Aung. *"Help, mom, I'm scared!" Toddlers' proximity to parent when introduced to strangers, puppets, and clowns.*
 Caitlin Reynolds. *It's not you, it's your gender: Do shy children communicate differently based on the other person's gender?*
 Emily Zavalza, Jocelyn Camargo. *Waiters or instant snackers? Inhibitory control in toddlers waiting for a snack.*
- 2017 Tiffany Nguyen, Karen Sanchez. *Effects of environmental education: Recycling in school-aged children.*
 Jillian Yelinek, Catie Mahnke. *"Show me your angry faces!" Preschool teachers' emotion talk in the classroom.*
- 2016 Katie Perez, Jillian Yelinek. *Emotion displays in storybooks within American culture.*
- 2015 Malina Her, Geena Moreno. *Affect in toddlers: Relations to gender, family, and preschool attendance.*

Undergraduate Student Independent Study

University of the Pacific

2015-present. Practicum in Psychology (PSYC 089/189). Approximately 3 to 7 undergraduate students enrolled per semester.

2018 Summer Undergraduate Research Fund (SURF) Student Project. *Don't talk to strangers, or should you? Shy children's vocalizations with parents and strangers.* Student: Caitlin Reynolds

2017 Summer Undergraduate Research Fund (SURF) Student Project. *The role of inhibitory control on infants' adjustment.* Student: Jocelyn Camargo

2017 Dreyfus Foundation Award for Student Research. *Positive affect and adjustment in shy toddlers.* Student: Stephany Barajas

2017 Independent Study Project (PSYC 197A). *How does presenting a memory test affect recall performance in older adults?* Student: Leah Kaplan

2016 Summer Undergraduate Research Fund (SURF) Student Project. *Preschool teacher's role in the emotion coaching of children*. Student: Jillian Yelinek

2014 Powell Research Proposal Seminar. *The efficacy of yoga in helping elementary school children focus in the classroom*. Student: Jennifer Iverson

West Virginia University

2009-2011. Independent Study in Psychology. Faculty supervisor: Katherine Karraker.
Approximately 3 to 5 undergraduate students enrolled per semester.

2008-2009. Honors Thesis in Psychology. *Young adults liking of infant names as depicted through names and photographs*. Faculty supervisor: Katherine Karraker. Student: Darcy Powell

Graduate Student Thesis Committees

2019 Delaney Callan (Co-Chair)

Malina Her

Paolo Raymundo

2017 Leah Ward

2016 Dawn Mitchell

2015 Samantha Corralejo

Spencer Gauert

Elizabeth Herrera

2014 Heather Zerger

Professional Service

University of the Pacific

2019-present Faculty Fellow in Assessment

2019-present University Assessment Committee (Chair)

2017-present Human Subjects Institutional Review Board (IRB)

2017-present Ethnic Studies Committee

2014-2017 Curriculum Committee

West Virginia University

2010-2011 Full Faculty Committee, Graduate Student Representative

2009-2010 Faculty Evaluation Committee, Graduate Student Representative

2008-2009 Developmental Training Committee, Graduate Student Representative

2007-2008 Wellness Committee (Co-Chair)

Ad Hoc Reviewer, Child Development, Developmental Neuropsychology, Early Childhood Research Quarterly, Infant Mental Health Journal, International Journal of Behavioral Development, Journal of Child and Family Studies, Journal of Family Issues, Social Development

Professional Affiliations

American Psychological Association (also Division 7, Developmental Psychology)
International Congress on Infant Studies
Psi Chi (President, 2005-2006, Lebanon Valley College chapter)
Society for Research in Child Development

Other Professional Activities

Diversifying the Curriculum Workshop, Center for Teaching and Learning, University of the Pacific, 2016

Course Redesign Workshop, Center for Teaching and Learning, University of the Pacific, 2015

CardioEdit/CardioBatch Training Workshop, 2014

NICHD Study of Early Child Care and Youth Development Workshop at the Inter-University Consortium for Political and Social Research (ICPSR) Summer Training Program in Quantitative Methods of Social Research, 2009